

---

## For Coaches

---

Coaching youth volleyball video series :

- ***New approaches for better volleyball.*** 1999 [Video] 796.325 C63cn
- ***Practice planning and drills for teaching skills.*** 1999. [Video] 796.325 C63cp
- ***Simplified playing systems.*** 1999. [Video] 796.325 C63cs

***Volleyball: steps to success.*** Barbara L.Viera. 1996. 796.325 V676v

***Coaching kids for dummies.*** Rick Wolff. 2000. 796.077 W832c

***101 volleyball drills.*** Peggy Martin. 1998. 796.32507 M364o

***Winning volleyball.*** Allen Scates. 1993. 796.325 Sca82w

***Volleyball drills for champions.*** 1999. 796.325 V886v

***Youth volleyball: a guide for coaches and parents.*** 1999. 796.325083 Z19y



---

## For Youth

---

***Gabrielle Reece, volleyball's model athlete.*** Terri Morgan. 1999. J 796.325 R25m

***Compete like a champion series (Zachary Kelly):***

- ***Volleyball--advanced skills and strategies.*** 1998. J 796.325 K29va
- ***Volleyball--attacking to win.*** 1998. J 796.325 K29vat
- ***Volleyball--basics of the game.*** 1998. J 796.325 K29vb
- ***Volleyball--defending your court.*** 1998. J 796.325 K29vd
- ***Volleyball--fitness and training.*** 1998. J 796.325 K29vf
- ***Volleyball--the serve.*** 1998. J 796.325 K29vs

***Beginning volleyball.*** Julie Jensen. 1995. J 796.325 J45b

***Volleyball.*** David Smale. 1995. J 796.325 Sm1v

***Winning volleyball for girls.*** Deborah Crestfield. 1995. J 796.325 C86w



---

## For Parents

---

***Sports medicine for parents and coaches.*** Daniel Boyle. 1999. 617.1027 B697s

***Youth sports injuries.*** John Duff. 1992. 617.1027 D873y

***Raising a healthy athlete.*** Douglas Avella. 1990. 617.1 Av3r

***How to win at sports parenting: maximizing the sports experience for you and your child.*** Jim Sundberg. 2001. 796.083 Su72h

***Parenting, sportsMom style : real-life solutions for surviving the youth sports scene.*** Laurel Phillips and Barbara Stahl. 2000. 649.1 P544p

***Sports medicine for young athletes: a guide for parents, teachers and coaches.*** 1998. 617.1027 Sp67s

***The parent's guide to coaching physically challenged children.*** Richard Zulewski. 1994. 790.196 Z84p

***Good Sports : The Concerned Parent's Guide to Competitive Youth Sports.*** Rick Wolff. 1998. On Order

***Champions are raised, not born.*** Summer Sanders. 2000. On order

***Will You Still Love Me If I Don't Win? : A Guide for Parents of Young Athletes.*** Christopher Andersonn. 2000. On order

***Raising winners: a parents guide to helping kids succeed off and on the field.*** Shari Young Kuchenbecker. 2000. On Order



To check for additional resources or to reserve items online, go to <http://www.rochesterpubliclibrary.org>

- Search the catalog for more resources
- Click on Magazine Index to find full-text magazine articles

### **Library Hours**

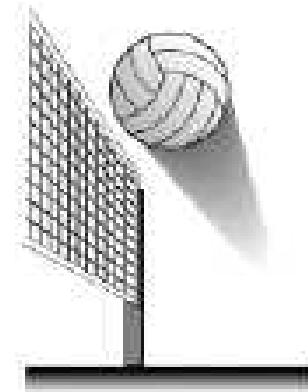
Monday	9:30 am - 9 pm
Tuesday	9:30 am - 9 pm
Wednesday	9:30 am - 9 pm
Thursday	9:30 am - 9 pm
Friday	9:30 am - 5:30 pm
Saturday	9:30 am - 5:30 pm
	9:30 am - 1:30 pm (summer)
Sunday	1:30 pm - 5:30 pm
	closed (summer)

Rochester Public Library



# **Volleyball**

***resources at the Rochester Public Library***



101 2<sup>nd</sup> Street Southeast  
Rochester, MN 55904-3776  
507.285.8002

[www.rochesterpubliclibrary.org](http://www.rochesterpubliclibrary.org)